

## Withania somnifera

### (Ashwagandha, Rennet)

Ashwagandha is a plant that has many uses. In India, it's a source of teh traditional medicines, it's also used for making soap, and to produce vegetarian cheese.

To be planted in well drained moist soil, in areas where there is full sun.



Plant Image

#### Landscape Information

**Arabic Name:** سم الفراح، مُرْجان

**Pronunciation:** With-a-nia som-NEE-fer-uh

**Plant Type:** Shrub

**Origin:** Southern Asia

**Heat Zones:** 9, 10, 11, 12, 13, 14, 15

**Hardiness Zones:** 9, 10, 11, 12, 13

**Uses:** Container, Rock Garden

#### Size/Shape

**Growth Rate:** Fast

**Tree Shape:**

**Height at Maturity:** 0.5 to 1 m

**Spread at Maturity:** Less than 50 cm

## Withania somnifera

(Ashwagandha, Rennet)



Flower Image

### Botanical Description

---

#### Foliage

**Leaf Arrangement:** Spiral

**Leaf Venation:** Pinnate

**Leaf Persistence:** Evergreen

**Leaf Type:** Simple

**Leaf Blade:** 5 - 10 cm

**Leaf Shape:** Ovate

**Leaf Margins:** Entire

**Leaf Textures:** Hairy, Medium

**Leaf Scent:** Pleasant

**Color(growing season):** Green

**Color(changing season):** Green

---

#### Flower

**Flower Showiness:** False

**Flower Size Range:** 0 - 1.5

**Flower Scent:** No Fragrance

**Flower Color:** Green, Yellow

---

#### Fruit

**Fruit Type:** Berry

**Fruit Showiness:** True

**Fruit Size Range:** 0 - 1.5

**Fruit Colors:** Brown, Red

---

## Withania somnifera

(Ashwagandha, Rennet)



Leaf Image

---

### Horticulture Management

#### Tolerance

**Frost Tolerant:** Yes

**Heat Tolerant:** Yes

#### Requirements

**Soil Requirements:** Clay, Loam, Sand

**Soil Ph Requirements:** Acidic, Neutral, Alkaline

**Water Requirements:** Moderate

**Light Requirements:** Full, Part

#### Management

**Toxity:** Yes

**Invasive Potential:** No

**Pruning Requirement:** Little needed, to develop a strong structure

**Edible Parts:**

**Plant Propagations:** Seed, Cutting

---



## MORE IMAGES



Fruit Image



Bark Image



Other Image