

Adiantum capillus-veneris

(Common Maidenhair Fern, Southern Maidenhair Fer)

Adiantum capillus-veneris is an evergreen perennial native to tropical and temperate regions around the world. It does very well in shady areas. It acts as an evergreen plant in tropical areas but as deciduous in temperate regions. It has small fan-shaped leaflets. This fern has some traditional herbal medicinal uses in addition to edible uses such as refreshing drinks and tea.



Plant Image

Landscape Information

French Name: Capillaire Cheveux de Vénus

Arabic Name: كزبرة البئر

Pronunciation: ah-dee-an-tum kahp-ill-us ven-e-ris

Plant Type: Groundcover

Origin: Tropical and temperate regions

Heat Zones: 8, 9, 10, 11, 12

Hardiness Zones: 7, 8, 9, 10, 11

Uses: Border Plant, Indoor, Edible, Medicinal, Ground cover

Size/Shape

Growth Rate: Moderate

Tree Shape: Spreading

Canopy Symmetry: Irregular

Canopy Texture: Medium

Height at Maturity: Less than 0.5 m

Spread at Maturity: Less than 50 cm

Notes

Non-flowering plant. Reproduces by spores.

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Flower Image

Botanical Description

Foliage

Leaf Arrangement: Spiral

Leaf Venation: Pinnate

Leaf Persistence: Evergreen

Leaf Blade: Less than 5

Leaf Shape: Fan

Leaf Margins: Serrate

Leaf Scent: No Fragrance

Color(growing season): Green

Color(changing season): Green

Trunk

Trunk Has Crownshaft: False

Number of Trunks: Multi-Trunked

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Leaf Image

Horticulture Management

Tolerance

Frost Tolerant: Yes

Heat Tolerant: Yes

Drought Tolerant: No

Salt Tolerance: Poor

Requirements

Soil Requirements: Clay, Loam, Sand

Soil Ph Requirements: Neutral, Alkaline

Water Requirements: Moderate

Light Requirements: Part, Shade

Management

Toxity: No

Invasive Potential: No

Susceptibility to Pests and Diseases: No

Surface Rooting: No

Edible Parts: Leaf

Plant Propagations: Division, Spores

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